



PREFERRED DRUG LIST UPDATES

Integrated (Title 19/21 SMI) and ACC, DD, ALTCS and DCS CHP

Additions:

- Endari Powder 5mg (Prior Authorization Required)
- Insulin Aspart 100u/ml Cartridge
- Insulin Aspart 100u/ml Pen
- Insulin Aspart 100u/ml Vial
- Insulin Aspart Mix 70/30 Pen
- Insulin Aspart Mix 70/30 Vial
- Insulin Lispro 100u/ml Pen
- Insulin Lispro 100u/ml Vial
- Insulin Lispro Jr 100u/ml Pen

- Insulin Lispro Jr 100u/ml Vial
- Insulin Lispro Mix 75/25 Pen
- Insulin Lispro Mix 75/25 Vial
- Nayzilam (Prior Authorization Required, Quantity Level Limit)

- Ibrance 100mg Cap
- Ibrance 125mg Cap
- Ibrance 75mg Cap
- Lidocaine-Hydrocortisone Cream Rectal 3-0.5%
- Methoxsalen Cap 10mg
- Novolog 100u/ml Flexpen
- Novolog 100u/ml Penfill
- Novolog 100u/ml Vial
- Novolog Mix 70/30 Vial

Removals:

- Caffeine Powder Citrated
- Humalog 100u/ml Kwikpen
- Humalog 100u/ml Vial
- Humalog Jr 100u/ml Kwikpen

Other Updates

- None

Behavioral Health (Title 19/21 Non-SMI & Non-Title 19/21)

Additions:

- None

Removals:

- None

Other Updates

- None

** Drugs that are not on the formulary may be available via PA (prior authorization) **

- For the complete preferred drug lists, please refer to the Mercy Care websites below
 - RBHA: <https://www.mercycareaz.org/providers/rbha-forproviders/pharmacy>
 - [Behavioral Health Preferred Drug List](#): For members who qualify under Non-Title 19/21 determined to have a serious mental illness (SMI) or Non-Title 19/21 children/adolescents with a serious emotional disturbance (SED), Mercy Care RBHA fills only behavioral health medications.
 - [Integrated Preferred Drug List](#): For Title 19/21 SMI members, Mercy Care RBHA fills physical health and behavioral health medications.

- [Crisis Medication List](#): For adults or children who are Non-Title 19/21 and Non-SMI who present in crisis at any of the facility-based psychiatric urgent care centers, detox facilities and/or access point in Maricopa County. The medications on this list will help stabilize an individual in crisis and bridge them to a follow-up outpatient appointment.
- ACC, DD, ALTCS and DCS CHP: <https://www.mercycareaz.org/providers/complecare-forproviders/pharmacy>

US DRUG OVERDOSE UP APPROXIMATELY 30 PERCENT IN 2020

Drug overdose deaths in the United States rose nearly 30 percent in 2020, according to provisional data released by the U.S. Centers for Disease Control and Prevention National Center for Health Statistics.

The reported and predicted provisional counts represent the numbers of deaths due to drug overdose occurring for the current 12-month-ending period compared with the 12-month period ending in the same month of the previous year, as reported by the jurisdiction in which the death occurred.

According to the report, there were an estimated 93,331 drug overdose deaths in the United States during 2020, an increase of 29.4 percent over the 72,151 deaths predicted in 2019. Specifically, there was an increase in estimated overdose deaths from opioids (50,963 in 2019 versus 69,710 in 2020). There were also increases seen in overdose deaths from synthetic opioids, primarily fentanyl and psychostimulants such as methamphetamine, as well as deaths from cocaine and natural and semi-synthetic opioids (such as prescription pain medication). In addition, in 2019, 16 percent of overdose deaths involved concurrent opioids and benzodiazepines.

Before prescribing controlled substances check the Controlled Substances Prescription Monitoring Program at <https://arizona.pmpaware.net/login> to assist with safe prescribing.

There are five central principles for co-prescribing benzodiazepines and opioids:

1. Avoid initial combination by offering alternative approaches
2. If new prescriptions are needed, limit the dose and duration
3. Taper long-standing medications gradually and, whenever possible, discontinue
4. Continue long-term co-prescribing only when necessary and monitor closely
5. Provide rescue medication (for example, naloxone) to high-risk patients and their caregivers

Reminder for quicker determinations of a Prior Authorization use the ePA link for Our

Providers: Please click [here to initiate an electronic prior authorization \(ePA\)](#) request

References:

1. <https://www.drugs.com/news/u-s-overdose-deaths-up-30-percent-2020-99014.html>
2. <https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNMattersArticles/downloads/SE19011.pdf>

This newsletter is brought to you by the Mercy Care Pharmacy Team. For questions, please email Fanny A Musto (MustoF@mercycareaz.org), Denise Volkov (VolkovD@mercycareaz.org) or Trennette Gilbert (gilbert@mercycareaz.org)